



Practical Information Guide

Hotel Eden Roc Sant Feliu de Guixols Spain

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Access to the Site

The conference will be held at **Hotel Eden Roc**, in Sant Feliu de Guixols. Sant Feliu is a small picturesque town situated on the northern Mediterranean coast of Spain, 120 km from Barcelona and 30 km from Girona. It is easily reached by motorway and provides plenty of facilities for visitors. Eden Roc Hotel overlooks the sea and is located 1.5 km from the centre of Sant Feliu de Guixols.



Group Transportation

Buses will be arranged on arrival and departure day between **Barcelona airport** and the hotel . The journey takes approximately 90 minutes.

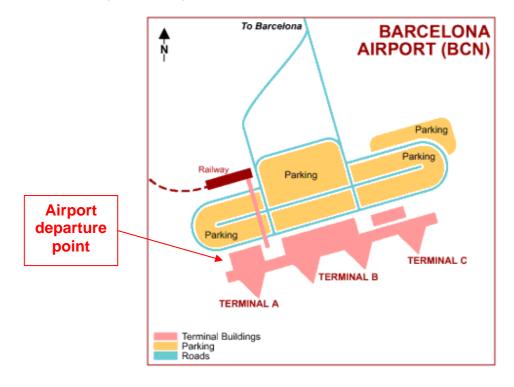
Bus departure times:

Arrival day: Saturday 14 October				
	1 st Departure	2 nd Departure	3 rd Departure	
From Barcelona Airport	16.00 hrs	17.30 hrs	18.30 hrs	

Departure day: Thursday 19 October			
	Depart	Arrive (approx.)	
To Barcelona Airport	13.30 hrs	15.00 hrs	
To Barcelona Airport	14.30 hrs	16.00 hrs	

Airport pick-up point: the buses will wait in the special bus parking area located just in front of the A terminal (see map below). Each bus has been requested to be at the meeting point 20-30 minutes before scheduled departure. The coaches will have a sign in the window indicating "ESF Research Conferences" for easy recognition.

Do take advantage of this organised transportation, which is included in the conference fee



By Air

Barcelona airport is the nearest airport to Sant Feliu de Guixols. It is located 10 km south-west of the Catalan capital. There are daily flights to Barcelona from most major European cities.

A **taxi** from Barcelona airport to Sant Feliu de Guixols costs about EUR 125. If you have any problems concerning the price to pay for the trip, please contact the hotel staff upon arrival.

Barcelona airport Go to Website http://www.barcelona-airport.com/menueng.htm Iberia airlines Go to Website http://www.iberia.com/



There is also the possibility to fly to **Girona**. Girona airport is 45 minutes drive (90 km) from Barcelona airport, 25 minutes from the Costa Brava south and 35 from the Costa Brava north. It is located near the A7 motorway, 10 km away from Girona city centre.

The new flights of Ryanair have a linking bus to Girona centre (the journey takes about 20 minutes) which starts at around 05.00 in the morning. From Girona centre you will then have to take a first bus to Lloret de Mar (Segalès bus company) and then a second one to Sant Feliu (SARFA bus company). Please note however that connections are extremely bad!

Another option is the Bravatur bus company which operates between Girona airport and Platja d'Aro, which is only 5 km from Sant Feliu. But you will then need to take a taxi from Platja d'Aro to the venue.

The last – and certainly most convenient - alternative is the TEISA bus, which links Girona station directly to Sant Feliu (see below, section "By Rail").

A taxi from Girona airport to Sant Feliu costs approximately EUR 35-40. Taxis are ranked just outside the arrivals hall of the airport. The journey takes about 25 minutes.

Girona airport Go to Website <u>http://bcngro.cambra.gi/</u> Segalès Go to Website <u>http://www.sagales.com</u> SARFA Go to Website http://www.sarfa.com/

Bravatur Go to Website http://www.bravatur.com/ Girona Airport Information Desk 2 Phone +34 972 186 708

By Rail

From Barcelona airport to Barcelona Sants station:

RENFE / Spanish National Railways operate a frequent train service between Barcelona airport (Aeropuerto Stn) to Barcelona Sants railway station. Journey time is approximately 20 minutes. Departures from the airport are about every 30 minutes throughout the day until about 22.30. Fare is about EUR 2.

RENFE - Spanish national railways Go to Website http://www.renfe.es/

From Barcelona Sants to Girona:

The nearest railway station to Sant Feliu is **Girona**. There are trains from Barcelona Sants railway station every 60-90 minutes. The trip takes 90 minutes and costs around EUR 5. Girona is also easily reached from France via Montpellier and Portbou.

From Girona station to Sant Feliu:

The TEISA Company **buses** leave for Sant Feliu approximately every hour, just outside Girona station. Arrival in Sant Feliu de Guixols is at the Monastery Square where you can take a taxi or walk (20 minutes) to the hotel. A taxi from Girona station to the hotel costs around EUR 27.

TEISA Go to Website http://www.teisa-bus.com/

By Public Transport

From the airport, take the train to **Arc de Triomph/Estacio Nord**. From Barcelona Estacio Nord (Ali-bei street 80), the SARFA bus company travels to Sant Feliu de Guixols, to the "Carrer Llibertat" - "Carretera de Girona" junction. The buses are scheduled about every hour and cost EUR 12 one way. The trip takes about 90 minutes. It is about a 20 minute walk from the bus station in Sant Feliu to the hotel. You can also take a **taxi** from the bus station to the hotel (price is about EUR 5).

SARFA Go to Website >> http://www.sarfa.com/

It is also possible to reach the SARFA bus station by **bus**. The "Aerobus A1" operates a frequent service between the airport and Plaza de Catalunya. Buses leave every 12-13 minutes from 06.00 to 24.00 from Monday to Friday, and from 06.30 to 24.00 on Saturdays, Sundays and bank holidays. A one way ticket costs EUR 3.45. The SARFA bus station is a couple minutes walk from Plaza de Catalunya. Further information available from Barcelona airport web pages.

By Road

Sant Feliu de Guixols can be reached on motorway A7. This motorway should be left at exit 9 if travelling from Barcelona and at exit 7 if travelling from France.

ACESA Catalan highways Go to Website http://www.autopistas.com

Arrival, On-site Registration & Conference Secretariat

Upon arrival, participants should first register with the **ESF Conference Secretary**, sign the attendance list and collect their name badges and then check in at the hotel reception. The conference registration desk, where supplementary information will be provided, will be located on the left side of the hotel reception.

The ESF Conference Secretary will be present for the whole duration of the conference and will take care of the administrative aspects and the day-to-day running of the conference: registration, late fee collection, gathering in of travel tickets and bank details. He/she will be at the registration desk half an hour each morning before the meeting starts, during coffee breaks, and before and after each afternoon session.

Registration & Fee Payment

Registration Form

All participants are expected to confirm attendance and room requirements by filling in a **registration form** online, accessible from the conference dedicated web page (<u>www.esf.org/conferences/lc06211</u>). Fee paying participants are in addition requested to pay the **conference fee** via this form.

Accommodation cannot be guaranteed if payment has not been credited on the ESF account by the fee closing date.

Closing date for registration & fee payment: 15 September 2006.

Conference Fees & Fee Payment

Conference fees are listed on the conference web page, which is accessible through <u>www.esf.org/conferences/lc06211</u>

Advance payment of the **full** fixed fee is required from both resident and non-resident conferees. The full fixed fee is due regardless of the time the conferee spends at the conference and cannot be reduced for anyone.

Participants working for **private industries** (to the exception of Invited Speakers) are requested to pay an additional EUR 190 to the standard fees.

A **EUR 100 supplement** is added if full payment has not been received by the closing date for registration (4 weeks prior to the conference). This supplement is charged only once on any payment.

Invited Speakers/Participants: board & lodging for accompanying guests (in double room with conferee) must be arranged and paid directly to the venue.

Participants: all participants are automatically registered in TWIN rooms, whether grantees or not. The supplement for accommodation in single or double rooms will be paid directly to the conference site. Accommodation in single rooms is allocated by the hotel on a first come first served basis, therefore late registrations might be not be guaranteed single accommodation. Requests for single or double rooms must be communicated to ESF as soon as possible upon registration.

Information about **guests fees** should be collected directly from the conference venue.

An acknowledgement of receipt for fee payment is given **at the conference** to all paying participants.

Means of Payment

Payment by credit card: payment by Master Card, Visa or Eurocard is accepted.

On-site payment (by credit card): the EUR 100 supplement is charged on any payment made on the spot.

Payments by cheque, bank transfer or "bon de commande" are NOT accepted.

Cash payment at the conference site is not accepted under any condition.

An invoice for payment can be sent upon request before the conference.

VAT: the European Science Foundation is not subject to VAT and therefore not VAT registered.

Cancellations & Refunds

If notice of cancellation is received more than two weeks before the conference all but EUR 100 will be reimbursed. Otherwise no refund can be made. No refund of the EUR 100 post-closing date supplement can be made if the participant omits to deduct it.

Extra Expenses

Participants must pay directly to the conference venue – before departure – for any additional night over the nights covered by the conference booking. Any other expenses not included in the conference fee (i.e. drinks – other than those provided at meals – phone calls, etc.) are also at participants' own expense. If any such costs are charged on the ESF invoice, the concerned participant will receive a post-conference invoice from our Office for their payment.

Accommodation & Meals

Accommodation

All participants will be accommodated at **Hotel Eden Roc**. All rooms have private bathrooms, TV and direct-dial telephones. Non-smoking rooms are available. English and German are spoken at the conference site.

Extra Nights

If you require extra accommodation in addition to the nights included in the conference booking, you will need to contact the hotel directly and make your own arrangements (<u>eden@caproig.com</u>). Extra nights will be at your own expense and should be paid to **Hotel Eden Roc** directly.

Accompanying Guests

Participants with accompanying guests are informed that this will be at their own expense, for both travel and accommodation. Guest fees should be settled directly with the **conference site**.

Accompanying guests are **not** entitled to take part in any of the actual conference activities, i.e. attend talks or short presentations within the conference room. Conference facilities and

equipment, such as access to the internet, are destined for the sole use of conferees. If guests wish to make use of certain facilities, they should arrange this privately with the conference venue, at their own cost. Please note that we do not organise a social programme for accompanying guests, who are kindly expected to make their own arrangements during the conference.

Meals

Breakfast will be served buffet style from 07.30 to 09.30 hours. Times for lunch and dinner are as shown in the conference final programme. Mineral water and wine are served at lunch and dinner (coffee is served after lunch at the Dali bar). Additional beverages are at the participants' own expense.

Non-resident conferees are expected to have all their meals with resident conferees (for both lunch and dinner).

Coffee Breaks

Coffee breaks will be on the terrace-bar next to the meeting-room, overlooking the swimming-pool.

Conference Facilities

Meeting-room & Equipment

The meeting-room is located in a separate section, two minutes' walk from the main building of the hotel through the garden. It is equipped with a **data projector** and two screens for simultaneous projection.

(i) Please note however that participants making an **oral presentation** (invited lecture and/or short talk) are kindly requested to bring their own **laptop** along with them.

Posters & Short Talks

Poster sessions and short talks are included in the programme. Please see the Final Programme for details (accessible through <u>www.esf.org/conferences/lc06211</u>)

Posters can be fixed with self-adhesive tape, blu-tack or drawing pins onto double-sided poster panels. Recommended poster size is 130 cm high x 130 cm wide. Use letters and drawings that can be read from approximately 100 cm distance.

Travel Contributions

Travel Reimbursements

All reimbursements will be made by **post-conference bank transfers**. Invited Speakers, Session Chairs or Participants who are granted a travel contribution are requested to provide with their **bank details** – including: IBAN and BIC numbers – <u>when filling in their web registration form</u>.

Travel tickets must be returned to the ESF Research Conferences Unit within a maximum of **one month** after the conference. No reimbursement can otherwise be guaranteed.

Itinerary, price and currency must clearly feature on any ticket. Where no price is indicated on the ticket, the corresponding **invoice** must be enclosed.

Allowable Costs

Travel costs may not be higher than:

- cheapest economy class air fare
- OR second class train fare
- OR bus fare from the participant's place of work to the place of the event

or may be the actual cost of travel, whichever is the lower.

The following may **NOT** be considered as allowable travel costs and therefore may **NOT** be presented when claiming the travel contribution:

- rented car
- taxi fares
- local travel in the city or locality of the event
- costs of health, life and luggage insurance.

Use of a **private car** can only be covered on the basis of a **2nd class return train fare** documented by an **estimate** from a **certified travel agent**.

Hotel Services

Phone Calls

All rooms are equipped with direct-dial phones. To make an international call, dial "00" followed by the code of the country you are calling. All phone calls should be paid for at the hotel reception before departure.

Copies & Faxes

Photocopies may be made, and faxes sent and paid for via the hotel reception. Costs for a photocopy are EUR 0.10 per page. A fax (1 page) costs EUR 1.00 for Europe and EUR 2.00 for the rest of the world.

Internet Access

For brief consultations, internet is accessible from the lobby of the hotel (one computer only). For extensive work or research via internet, conferees are kindly requested to bring their own laptop along. Wireless access is available from the entrance hall and the bar area of the hotel (access code is: EDENR – all in capital letters).

Means of Payment

The hotel accepts the following credit cards: American Express, Diners Club, Mastercard and Visa. It is also possible to cash travellers' cheques and exchange currency at the hotel.

Leisure Activities & Tourism

At the Conference Center

The hotel has outdoor and indoor swimming pools, sauna, jacuzzi, small fitness centre, billiard and it is also possible to hire bicycles. Other possibilities are windsurfing, snorkling, scuba-diving and skin-diving.

In the Surrounding Area

Some places of interest in the area are:

- the Cap Roig botanical garden, overlooking the sea
- the Faro San Sebastian with its panoramic view of the whole Costa Brava and the medieval village of Pals
- Girona, the capital of the province, which was founded 3000 years ago by the Iberians, with its Cathedral, Arabian baths and old quarter
- the medieval town of Besalu
- the panoramic route to Tossa de Mar and the fortified town Vila Vella
- at Figueres is the well known Dali museum, designed by the artist himself before his death, and located in the ancient municipal theatre which was restored in 1966. Multitudes of objects, paintings, decorations make this place the "gigantic surrealist object" Dali described it as, and not a museum. Also in the museum are paintings by other artists: Pitxot, Duchamp, Fortuny.

Salvador Dali museum Go to Website http://www.salvador-dali.org/ An introduction to Barcelona Go to Website http://www.barcelonaturisme.com/ A guide of Catalunia & the Costa Brava Go to Website http://www.publintur.es/

Shopping Hours

The shops in Sant Feliu de Guixols are open daily, including Sundays from 09.00 to 13.00 and from 17.00 to 21.30 hours. Some shops are closed on Mondays. There is an open air market in the town, which dates back to the XVth Century, held every Sunday morning in the Plaça de Espanya and Passeig de Mar. The shops are also located around this quarter.

Several banks as well as cash dispensers are to be found in town.

Social Programme

Please refer to the conference Final Programme for detailed information.

Useful Information

Passport & Visa Requirements

Please check your passport and visa requirements with your travel agent **before** departure. If you need help during the obtention process of your visa, please contact the ESF person in charge of your conference.

Insurance

The European Science Foundation (ESF) and the European Molecular Biology Organisation (EMBO) do NOT provide insurance and do not take any responsibility for accidents or illnesses that might occur during the week or in the course of travel to or from the meeting place. It is therefore the responsibility of participants to check their health insurance requirements.

Calling Spain / Making Calls within Spain

The international dialling code to Spain is 34. Since 1998, a 9 has been inserted before the area code, which has to be dialled when calling from abroad as well as when calling within Spain. For example: +34 972 320 100 when telephoning from abroad; 972 320 100 when calling from within Spain.

Facts for the Traveller

Electricity supply	220v 50Hz AC	
Time GMT/UTC	plus one hour	
Weights & measures	metric	
Currency	Euro (EUR)	